

Rules for Nordic Championships

Approved at the Meeting of the Nordic Sailing Federation, 25.10.2025

1 General Rules

Nordic Championships shall be governed by:

- a) The Racing Rules of Sailing and
- b) These Rules for Nordic Championships.

2 Sanction of a Nordic Championship

- 2.1 A Nordic Championship shall be organized by a club affiliated to the World Sailing member national authority of the country in which the championship will take place, that is in one of the member countries. For a class championship, the World Sailing class or the class recognized by the **Nordic Sailing Federation (abbreviated NordicSF)** shall be part of the organizing authority.

Instructions how to apply for an Official Nordic Championship can be found at www.nordicsailing.org. The application shall be made at www.nordicsailing.org at least 8 weeks before the championship.

3 Name of the Event

- 3.1 The names 'Nordic Championship' and 'Nordic Junior Championship', and their equivalents in other languages, may be used only for NordicSF approved championships.
- 3.2 The national authority may use the name of a sponsor combined with 'Nordic [Junior] Championship' or its equivalent in other languages.

4 Administration

- 4.1 The Rules for Nordic Championships are composed and administered by NordicSF. Any changes shall be approved at the meeting of NordicSF.
- 4.2 A national authority may apply to NordicSF for an exemption from these rules. Such applications may be considered and decided by e-mail without the approval of the meeting of NordicSF.
- 4.3 The English text shall prevail in interpreting these rules.

5 Ownership of Sound and Picture Rights

- 5.1 Commercial sound and picture rights of a Nordic Championship are the property of the host national authority.
- 5.2 Any national regulations concerning sound and picture rights shall apply.
- 5.3 The host national authority may, with the NordicSF approval, grant the sound and picture rights to a third party.

6 Requirements on Competitors and Boats

- 6.1 The championship is open to competitors from outside Group G.
- 6.2 Nordic Championship medals can be won only by a crew of at least 60% Group G citizens and residents.
- 6.3 All competitors (including crew members) shall be members of a club affiliated to its World Sailing national authority.
- 6.4 To constitute a Nordic Championship the event shall have
- a) at least 15 competing boats (in Olympic classes 10) and
 - b) competing boats from at least three countries in Group G or if there are only two countries, there shall be at least three boats from each.

Rules governing the number of competing boats in a Nordic Junior Championship are stated in paragraph B6.

- 6.5 The organizing authority may, in consultation with the national class association and the national authority,
- a) limit the number of entries, and
 - b) limit entries to members of Group G.

7 Conduct of a Championship

- 7.1 A Nordic Championship shall take place during the period 1 May – 31 October and shall be held alternately in the countries of Group G.
- 7.2 The notice of race shall be issued at least eight weeks before the first racing day.
- 7.3 The notice of race shall be sent to the national class associations and the national authorities in Group G for distribution within the country.
- 7.4 Entries shall contain the names of the helmsman and all crewmembers, nationality, gender and club. For a Nordic Junior Championship, it shall also include the date of birth.
- 7.5 The organizing authority shall open an event website, where at least the notice of race, sailing instructions, entries and results are published. The website should be linked to www.nordicsailing.org.
- 7.6 The event website should give news of the event, a photo gallery and the complete results as they evolve. The website should remain active for at least one year after the event.

8 Protest Committee, Umpires and Race Officers

- 8.1 The protest committee shall consist of at least three members. The chairman shall be at least a National Judge recognized by the national authority of the organizing authority.
- 8.2 Each country with entries has the right to appoint, at its own expense, one member to the protest committee. Such a member must have attended a national judging seminar. The organizing authority shall be informed of the appointment latest 4 weeks before the event. The person may not be a team leader, a parent of a competitor, a coach or otherwise an interested party.
- 8.3 The conduct of races shall be led by a person who is at least a National Race Officer.
- 8.4 No person shall be a member of both the protest committee and race committee.
- 8.5 For dinghy classes, Appendix P of the Racing Rules of Sailing will apply, and propulsion shall be judged on the water.

9 Scoring and Reporting

- 9.1 When different fleets of the same class, e.g. men and women, are started together on the same course, they shall be scored together. Each fleets separate finishing places will then be extracted from the common list.
- 9.2 No later than a week after the close of the championship, the organizing authority shall send the final results, with nationality and club shown to the national authorities and national class associations and to NordicSF.

10 Prizes

Gold, silver and bronze medals of NordicSF shall be awarded to the best three crews. Medals shall be ordered from NordicSF.

Note: The Finnish Sailing Federation administers and distributes the medals.

Group G national authorities normally keep them in stock at their offices.

11 Number of Races, Courses, etc.

11.1 Races should be scheduled for a minimum of two days, but preferably for three days.

11.2 The Notice of Race shall specify the number of races scheduled, and whether or not there will be any discards.

11.3 Separate starts must be used for different classes sailing on the same course.

11.4 The course shape is to be decided in agreement between the organizing authority and the national class association.

Appendices

The following appendices contain rules for Nordic Championships in special kinds of sailing.

When the rules of an appendix apply, they take precedence over any conflicting general rules.

Appendix A – Windsurfing

A.1 Fleets

A Nordic championship shall be sailed with the current international division into fleets according to weight and gender.

A2 Funboard

When establishing the heats of the first round the organizing authority shall consider the boards' national ranking lists.

A3 Duration of the Event

To constitute a Nordic championship the event shall be scheduled to last at least two days.

Appendix B – Nordic Junior Championship

When paragraph B11 (Optimist and Zoom8 class) applies, it takes precedence over any conflicting rules in this appendix.

B1 Classes

NordicSF shall approve which classes will sail a Nordic Junior Championship.

B2 Age Limits

B2.1 All competitors shall be at least 12 years of age on 31 December of the year of the championship. However, if the host country by law or other national regulation has another age limit, that limit shall prevail over these statutes. The age limit must be stated in the Notice of Race.

B2.2 All competitors shall be under 19 years of age on 31 December of the year of the championship.

B2.3 Any national age limits will be applied to competitors from that country except that the maximum age in paragraph B2.2 shall not be changed.

B3 Keelboats

B3.1 The organizing authority shall provide boats for competitors in a keelboat Nordic Junior Championship.

B3.2 The provided boats shall be fully equipped with sails, rig and racing gear. As far as possible, the boats shall be equal in performance.

B4 Deadlines

B4.1 The organizing authority of a Nordic junior championship shall inform the national authority of the time, place and types of boat before 15 September of the year before the event.

B4.2 The national authority shall send this information to NordicSF before 1 October the same year.

B5 Venue

B5.1 The Nordic Junior Championships of all classes shall be sailed in the same country, in the given year.

B5.2* The national authority is to agree with an organizing authority on a Nordic Junior Championship event for all classes or with different organizing authorities on divided or separate championships.

B5.3 A Nordic Junior Championship in match racing can be organized in a country other than the host country of the other junior championships.

B6* Restrictions on the Number of Entries

Numbers of entries shall be restricted as follows:

Boat type	Minimum number of entries	Maximum number of entries from each country
Single-handed dinghy	16	20
Double-handed dinghy	12	20
Keelboat	6	3

If at least 8 entries with all-female crews or all-male crews participate in an open class, separate medals shall be awarded for both genders – ranked according to the sailors' placement within the overall open class.

B7 Entry Fee

The entry fee shall not exceed €150 per crewmember. Subject to review by NordicSF yearly.

B9 Team Leaders

B9.1 Every country shall have a team leader.

B9.2 The team leader shall be authorized by the national authority and may not be a competitor in the championship.

B10 Scheduling and Duration

B10.1 A Nordic Junior Championship shall be held in the last whole week of July.

B10.2 A Nordic Junior Championship shall not take up more than four racing days.

B10.3 There shall be no reserve day.

B11 Nordic Junior Championship of the Optimist and Zoom8 class

B11.1 Individual championship

a) A maximum of nine races shall be scheduled for the individual championship.

b) Races must be completed to constitute a championship.

c) Optimist Class is open only for competitors who are not participating in the World Championship or European Championship the same year. This must be stated in the Notice of Race.

B11.2 Team racing championship

a) The team of a country shall consist of five boats.

b) Any four of the five boats may race in any race. Replacement may be made only when the team is not racing.

c) Every country may enter one team for boys and one for girls.

d) If a country cannot enter separate boy and girl teams, it may enter a mixed team to compete as a boy team.

e) The composition of a team shall be reported to the organizing authority no later than 1800 on the day before the first team race. The teams shall be published no later than two hours before the first scheduled warning signal.

f) In overall scheduling, the team racing should be scheduled the third day of racing out of four. Fleet races shall have precedence over team racing.

*Note for paragraphs B5.2 and B7

When a Nordic Junior Championship is organized as a joint event for all classes, it should include the single-handed classes Optimist, Zoom8, Europe, ILCA 4 and ILCA 6, the double-handed classes 29er. If fleets of boys and girls are of sufficient size, they are to be started separately.

Appendix – C Nordic Inclusive Championships

Nordic Inclusive Sailing Championships are held in the World Sailing recognized Para Class” and other designated disciplines and include:

(i) One-Person Keelboat

(ii) Two-Person Keelboat

(iii) Three-Person Keelboat

(iv) Multihull

- (v) One-Person Non-Technical
- (vi) Vision impaired (fleet racing with sighted guides)
- (vii) Vision impaired (match racing without sighted guides)
- (viii) Intellectually Disability (One Person and Two Person)
- (ix) Hearing Impaired

A variety of equipment may be used for each of these disciplines, subject to approval by the NordicSF.

C1. Rules

C1.1 The following rules/regulations will also apply:

- a) World Sailing Race Management Manual Appendix Y, Part 1.
- b) The Para-Classification Rules of Sailing.

C2. Requirements on competitors and boats

C2.1 To constitute a Nordic Inclusive Sailing Championship the event shall have

- a) at least 6 competing boats (5 competing boats in three-person keelboat) and
- b) competing boats from at least three countries in Group G or if there are only two countries, there shall be at least three boats from each (two boats from each in three-person keelboat).

C3 Number of Races, Courses, etc.

C3.1 Races should be scheduled for a minimum of two days, but preferably for three days plus a reserve day. The conditions for using the reserve day must be stated in the notice of race and sailing instructions.

C3.2 The race committee will make no changes to the results 24 hours after the last race as provided for in RRS 90.3e.

C3.3 RRS A2.1 is changed so that with three or less races, no score will be excluded. After more than three races one score will be excluded.

C3.4 Three races are required to constitute a Nordic Inclusive Sailing Championship.

C4 Penalties

C4.1 Penalties for breaking rules related to functional adaptations: When a protest committee decides that a boat has broken rules related to functional adaptations, or a class rule, it may disqualify the boat or impose a scoring penalty or give a warning.

C5 Prizes

C5.1 Gold, silver and bronze plaques of NordicSF shall be awarded to the best three crews in each Class. Plaques may be ordered from NordicSF.

C6 Nordic Inclusive Sailing Championship

C6.1 Nordic Inclusive Sailing Championship apply Appendix C1-C5 with the exemption of C.1.b which is replaced with a self-declaration of a minimum disability, condition, or illness that affects daily life must apply to a minimum of 50% athletes entered in each team.